

# Central Lakes Girls Conference - 5/24/2016

Alexandria High School

## Teams:

|                    |        |                       |       |
|--------------------|--------|-----------------------|-------|
| 1) Alexandria      | 227.50 | 2) Willmar            | 134   |
| 3) Rocori          | 84     | 4) Brainerd           | 67.50 |
| 5) St.Cloud Tech   | 60     | 6) Sartell-St Stephen | 53.50 |
| 7) Fergus Falls    | 40.50  | 8) Sauk Rapids-Rice   | 23    |
| 9) St Cloud Apollo | 14     |                       |       |

## Event 1 Girls 4x800 Meter Relay

| School | Finals | Points |
|--------|--------|--------|
|--------|--------|--------|

### Finals

|                          |                            |    |
|--------------------------|----------------------------|----|
| 1 Rocori 'A'             | 9:45.67                    | 10 |
| 1) Woods, Raquel 9       | 2) Swanberg, Callie 10     |    |
| 3) Tomovic, Anna.Maria 9 | 4) Kremer, Carly 8         |    |
| 2 Willmar 'A'            | 9:50.38                    | 8  |
| 1) Engle, Lydia 8        | 2) Hansen, Leah 9          |    |
| 3) Anez, Savannah 11     | 4) Schmitz, Heidi 9        |    |
| 3 Alexandria 'A'         | 10:02.29                   | 6  |
| 1) Miller, Bethany 8     | 2) Melrose, Morgan 12      |    |
| 3) Larson, Kylie 10      | 4) Olson, Whitney 12       |    |
| 4 Sartell-St Stephen 'A' | 10:08.75                   | 5  |
| 1) Lindell, Anna 12      | 2) Larsen, Kayla 11        |    |
| 3) Jemming, Colette 9    | 4) Buiceag-Arama, Ingrid 7 |    |
| 5 St.Cloud Tech 'A'      | 10:10.96                   | 4  |
| 1) Jungblut, Nadine 11   | 2) Hennes, Gabby 10        |    |
| 3) Fenstad, Erika 9      | 4) Strobel, Alexis 11      |    |
| 6 Fergus Falls 'A'       | 10:42.77                   | 3  |
| 1) Reard, Emilie 12      | 2) Ratz, Emily 11          |    |
| 3) Skogen, Berit 9       | 4) Reckmo, Jazmin 12       |    |
| 7 Sauk Rapids-Rice 'A'   | 10:47.18                   | 2  |
| 1) Mader, Emma 10        | 2) Martins, Kayleen 10     |    |
| 3) Severson, Julia 9     | 4) Thorson, Jocelyn 11     |    |
| 8 Brainerd 'A'           | 11:49.95                   | 1  |
| 1) Skinner, Tarin 10     | 2) Jensen, Lindsey 11      |    |
| 3) Sundberg, Grace 12    | 4) Hague, Anna 12          |    |
| 9 St Cloud Apollo 'A'    | 11:54.62                   |    |
| 1) Weekes, Kia 11        | 2) Egbers, Kya 12          |    |
| 3) Egbers, Kaylee 12     | 4) Gerdes, Samantha 11     |    |

## Event 3 Girls 100 Meter Hurdles

| Name | Year School | Finals | H# | Points |
|------|-------------|--------|----|--------|
|------|-------------|--------|----|--------|

|                     |                 |       |   |    |
|---------------------|-----------------|-------|---|----|
| 1 Mottinger, Haley  | 12 Willmar      | 15.83 | 3 | 10 |
| 2 Williams, Syri    | 11 Alexandria   | 16.12 | 3 | 8  |
| 3 Paschka, Kaye     | 9 Alexandria    | 16.28 | 3 | 6  |
| 4 Fronning, Sabrina | 8 Fergus Falls  | 16.32 | 3 | 5  |
| 5 Scott, Brianna    | 12 St Cloud Apo | 16.86 | 3 | 4  |
| 6 Gray, Alayna      | 11 Alexandria   | 17.09 | 3 | 3  |
| 7 Houston, Gretchen | 11 Rocori       | 17.10 | 3 | 2  |
| 8 Hasbrouck, Anna   | 11 Sauk Rapids- | 17.37 | 3 | 1  |
| 9 Rapp, Rebecca     | 12 Rocori       | 17.42 | 3 |    |
| 10 Rein, Carlie     | 10 St.Cloud Tec | 17.68 | 2 |    |
| 11 Watland, Brooke  | 11 Brainerd     | 17.72 | 2 |    |
| 12 Zaska, Mikayla   | 9 Sauk Rapids-  | 17.80 | 2 |    |
| 13 Grabow, Paige    | 10 Sartell-St S | 17.90 | 2 |    |
| 14 Veitch, Abby     | 10 Sartell-St S | 17.99 | 2 |    |
| 15 Smith, Gabrielle | 8 Brainerd      | 18.17 | 2 |    |
| 16 LaBarre, Abbey   | 11 Willmar      | 18.24 | 1 |    |

|                        |                 |       |   |
|------------------------|-----------------|-------|---|
| 17 Preusser, Nicole    | 9 St Cloud Apo  | 18.29 | 2 |
| 18 Bengston, Taylor    | 11 Willmar      | 18.32 | 2 |
| 19 Grasswick, Hope     | 8 Sartell-St S  | 18.37 | 1 |
| 20 Simon, Georgina     | 11 St.Cloud Tec | 18.50 | 2 |
| 21 Grise, Ashley       | 11 St Cloud Apo | 18.92 | 1 |
| 22 Huntington, Aailyah | 9 St.Cloud Tec  | 19.48 | 1 |
| 23 Toensing, Alex      | 10 Brainerd     | 20.16 | 1 |
| 24 Dew-Tomhave, Noelle | 10 Fergus Falls | 20.61 | 1 |
| 25 Molesky, Isabella   | 12 Sauk Rapids- | 21.64 | 1 |

Event 5 Girls 100 Meter Dash

| Name                   | Year School     | Finals | H# | Points |
|------------------------|-----------------|--------|----|--------|
| 1 Olson-Rodel, Kelby   | 11 Alexandria   | 12.70  | 3  | 10     |
| 2 Quitmeyer, Hannah    | 9 Alexandria    | 13.08  | 3  | 8      |
| 3 Wegner, Sara         | 12 Alexandria   | 13.09  | 3  | 6      |
| 4 Kessler-Gross, Kirah | 8 Willmar       | 13.16  | 3  | 5      |
| 5 Hiltner, Karli       | 10 St Cloud Apo | 13.18  | 3  | 4      |
| 6 Larson, Sade         | 11 Rocori       | 13.53  | 3  | 3      |
| 7 Bertram, Amy         | 10 Rocori       | 13.56  | 2  | 2      |
| 8 Scapanski, Anna      | 11 Sauk Rapids- | 13.58  | 3  | 1      |
| 9 Nies, Chelsea        | 12 Sartell-St S | 13.64  | 2  |        |
| 10 Deason, Kayla       | 9 Brainerd      | 13.72  | 2  |        |
| 11 Wenner, Emily       | 12 Rocori       | 13.79  | 3  |        |
| 12 Soltis, Mikaela     | 12 St Cloud Apo | 14.00  | 2  | 13.991 |
| 13 Eide, Mia           | 9 Willmar       | 14.00  | 2  | 13.998 |
| 14 Weber, Jessica      | 10 Sauk Rapids- | 14.01  | 2  |        |
| 15 Hall, Kimberly      | 10 Brainerd     | 14.04  | 2  |        |
| 16 Zorn, Bernerdett    | 12 St Cloud Apo | 14.10  | 2  |        |
| 17 Jones, Kia          | 9 St.Cloud Tec  | 14.27  | 2  | 14.263 |
| 18 Rengel, Carolyn     | 10 Sartell-St S | 14.27  | 1  | 14.268 |
| 19 Grussing, Esther    | 10 Willmar      | 14.32  | 1  |        |
| 20 Haeny, Kjerstin     | 9 Sauk Rapids-  | 14.45  | 1  |        |
| 21 Johnson, Jaclyn     | 10 Brainerd     | 14.61  | 1  |        |
| 22 Kowalski, Sarah     | 11 Fergus Falls | 14.85  | 1  |        |
| 23 Koopman, Allison    | 10 Sartell-St S | 14.89  | 1  |        |
| 24 Larson, Alexis      | 9 Fergus Falls  | 15.67  | 1  |        |

Event 7 Girls 4x200 Meter Relay

| School                   | Finals                   | Points |
|--------------------------|--------------------------|--------|
| 1 Rocori 'A'             | 1:45.48                  | 10     |
| 1) Holthaus, Morgan 11   | 2) Jude, Taylor 11       |        |
| 3) Woods, Jayda 10       | 4) Sauer, Brynn 10       |        |
| 2 Willmar 'A'            | 1:47.35                  | 8      |
| 1) White, Kim 7          | 2) Schramm, Erica 9      |        |
| 3) Tollefson, Bronwyn 10 | 4) Schmitz, Sophie 11    |        |
| 3 St.Cloud Tech 'A'      | 1:47.84                  | 6      |
| 1) Evavold, Rachel 12    | 2) Thompson, Kalley 12   |        |
| 3) Rein, Carlie 10       | 4) Lipp, Jodi 10         |        |
| 4 Brainerd 'A'           | 1:48.63                  | 5      |
| 1) Smith, Ally 11        | 2) Sunderland, Jazmin 11 |        |
| 3) Kappes, Jaelyn 11     | 4) Deason, Kayla 9       |        |
| 5 Alexandria 'A'         | 1:49.28                  | 4      |
| 1) Quitmeyer, Hannah 9   | 2) Gay, Madisson 11      |        |
| 3) Slagle, Maggie 11     | 4) Rodel, Addison 9      |        |
| 6 Sartell-St Stephen 'A' | 1:52.64                  | 3      |
| 1) Rohlfs, Morgan 12     | 2) Bakken, Clara 11      |        |
| 3) Mareck, Jordan 9      | 4) Nies, Chelsea 12      |        |
| 7 Sauk Rapids-Rice 'A'   | 1:54.16                  | 2      |

|                          |                           |
|--------------------------|---------------------------|
| 1) Petron, Kristen 12    | 2) Scapanski, Anna 11     |
| 3) Roscoe, Bailey 9      | 4) Conarro, Matraca 11    |
| 8 Fergus Falls 'A'       | 1:56.20 1                 |
| 1) Daniels, Emma 11      | 2) McKeever, Jadyann 9    |
| 3) Pearson, Lily 9       | 4) Reckmo, Destine 9      |
| 9 St Cloud Apollo 'A'    | 1:59.37                   |
| 1) Christos, Madison 12  | 2) Timpane, Jessica 9     |
| 3) Schneider, Cassidy 12 | 4) Hackenmueller, Anne 10 |

Event 9 Girls 1600 Meter Run

| Name                  | Year School     | Finals  | H# | Points |
|-----------------------|-----------------|---------|----|--------|
| 1 Hasz, Bethany       | 12 Alexandria   | 5:05.51 | 2  | 10     |
| 2 Hasz, Megan         | 12 Alexandria   | 5:05.53 | 2  | 8      |
| 3 Hanson, Jessa       | 11 Willmar      | 5:18.88 | 2  | 6      |
| 4 Miller, Meritt      | 11 Brainerd     | 5:20.44 | 2  | 5      |
| 5 Rudie, Kayla        | 11 Willmar      | 5:23.32 | 2  | 4      |
| 6 Monson, Serena      | 9 Willmar       | 5:25.28 | 2  | 3      |
| 7 Steinke, Lauren     | 10 St.Cloud Tec | 5:28.94 | 2  | 2      |
| 8 Lindhorst, Vera     | 12 St.Cloud Tec | 5:37.25 | 2  | 1      |
| 9 Sunstrom, Paige     | 11 Sauk Rapids- | 5:43.86 | 2  |        |
| 10 Karls, Julia       | 9 St Cloud Apo  | 5:48.84 | 2  |        |
| 11 Fenstad, Erika     | 9 St.Cloud Tec  | 5:51.03 | 2  |        |
| 12 Bauer, Aunyah      | 11 Rocori       | 5:54.24 | 1  |        |
| 13 Miller, Kiyana     | 11 Alexandria   | 5:58.26 | 1  |        |
| 14 Senchea, Kathryn   | 9 Sartell-St S  | 6:00.92 | 1  |        |
| 15 Baker, Hannah      | 12 Fergus Falls | 6:04.35 | 1  |        |
| 16 Stenstrom, Makenna | 8 Fergus Falls  | 6:04.79 | 1  |        |
| 17 Legatt, Ava        | 8 Rocori        | 6:12.09 | 1  |        |
| 18 Illies, Melanie    | 7 Rocori        | 6:15.59 | 1  |        |
| 19 Buchholz, Lauren   | 11 Sartell-St S | 6:25.35 | 1  |        |
| 20 Hennagir, Hollie   | 12 St Cloud Apo | 6:35.60 | 1  |        |
| 21 Egbers, Kya        | 12 St Cloud Apo | 6:59.19 | 1  |        |

Event 11 Girls 4x100 Meter Relay

| School                   | Finals                    | Points |
|--------------------------|---------------------------|--------|
| 1 Alexandria 'A'         | 51.41                     | 10     |
| 1) Williams, Syri 11     | 2) Gay, Madisson 11       |        |
| 3) Gray, Alayna 11       | 4) Olson-Rodel, Kelby 11  |        |
| 2 Rocori 'A'             | 51.44                     | 8      |
| 1) Wolf, Kaitlyn 11      | 2) Jude, Taylor 11        |        |
| 3) Larson, Sade 11       | 4) Holthaus, Morgan 11    |        |
| 3 Brainerd 'A'           | 52.20                     | 6      |
| 1) Smith, Gabrielle 8    | 2) Smith, Ally 11         |        |
| 3) Hall, Kimberly 10     | 4) Deason, Kayla 9        |        |
| 4 Willmar 'A'            | 52.54                     | 5      |
| 1) White, Kim 7          | 2) Schramm, Erica 9       |        |
| 3) Mottinger, Haley 12   | 4) Kessler-Gross, Kirah 8 |        |
| 5 Sauk Rapids-Rice 'A'   | 53.56                     | 4      |
| 1) Weber, Jessica 10     | 2) Scapanski, Anna 11     |        |
| 3) Hasbrouck, Anna 11    | 4) Conarro, Matraca 11    |        |
| 6 St Cloud Apollo 'A'    | 54.19                     | 3      |
| 1) Christos, Madison 12  | 2) Soltis, Mikaela 12     |        |
| 3) Schneider, Cassidy 12 | 4) Zorn, Bernerdett 12    |        |
| 7 Fergus Falls 'A'       | 54.45                     | 2      |
| 1) Daniels, Emma 11      | 2) Ringquist, Ally 12     |        |
| 3) Sheridan, Hallie 9    | 4) Kowalski, Sarah 11     |        |
| 8 St.Cloud Tech 'A'      | 54.75                     | 1      |
| 1) Aycock, Lara          | 2) Ambrosch, Jessica 12   |        |

- 3) Jones, Kia 9                      4) Matchinsky, Meredith 9  
 9 Sartell-St Stephen 'A'                      55.87  
 1) Grabow, Paige 10                      2) Koopman, Allison 10  
 3) Kosloski, Courtney 9                      4) Rengel, Carolyn 10

Event 13 Girls 400 Meter Dash

| Name                  | Year School     | Finals  | H# | Points |
|-----------------------|-----------------|---------|----|--------|
| 1 Schmitz, Sophie     | 11 Willmar      | 58.58   | 3  | 10     |
| 2 Wegner, Sara        | 12 Alexandria   | 59.08   | 3  | 8      |
| 3 Paschka, Kaye       | 9 Alexandria    | 1:00.90 | 3  | 6      |
| 4 Rodel, Addison      | 9 Alexandria    | 1:01.35 | 3  | 5      |
| 5 Sunderland, Jazmin  | 11 Brainerd     | 1:01.94 | 3  | 4      |
| 6 Petron, Kristen     | 12 Sauk Rapids- | 1:02.54 | 3  | 3      |
| 7 Rohlfs, Morgan      | 12 Sartell-St S | 1:02.80 | 3  | 2      |
| 8 Bertram, Amy        | 10 Rocori       | 1:03.30 | 2  | 1      |
| 9 Swanberg, Callie    | 10 Rocori       | 1:03.63 | 2  |        |
| 10 Terfehr, Talyor    | 10 St.Cloud Tec | 1:03.73 | 2  |        |
| 11 Mareck, Jordan     | 9 Sartell-St S  | 1:03.83 | 2  |        |
| 12 Engle, Lydia       | 8 Willmar       | 1:03.90 | 3  |        |
| 13 Hall, Shelby       | 11 Sartell-St S | 1:04.16 | 3  |        |
| 14 Linn, Amber        | 10 St.Cloud Tec | 1:04.57 | 2  |        |
| 15 Hanson, Courtney   | 12 Willmar      | 1:04.93 | 2  |        |
| 16 Fernholz, Tessa    | 9 Sauk Rapids-  | 1:05.02 | 2  |        |
| 17 Sunderland, Hannah | 9 Brainerd      | 1:05.98 | 1  |        |
| 18 Roscoe, Bailey     | 9 Sauk Rapids-  | 1:06.00 | 1  |        |
| 19 Ratz, Emily        | 11 Fergus Falls | 1:06.01 | 1  |        |
| 20 Mudford, Audrey    | 8 Fergus Falls  | 1:06.17 | 1  |        |
| 21 Barnett, McKenna   | 10 Brainerd     | 1:06.34 | 2  |        |
| 22 Lahr, Margaret     | 12 Rocori       | 1:06.80 | 2  |        |
| 23 Kugler, Joey       | 11 Fergus Falls | 1:10.33 | 1  |        |
| 24 Casillas, Araceli  | 12 St.Cloud Tec | 1:12.99 | 1  |        |
| 25 Macho, Samantha    | 9 St Cloud Apo  | 1:14.17 | 1  |        |

Event 15 Girls 300 Meter Hurdles

| Name                   | Year School     | Finals | H# | Points |
|------------------------|-----------------|--------|----|--------|
| 1 Williams, Syri       | 11 Alexandria   | 46.67  | 3  | 10     |
| 2 Rein, Carlie         | 10 St.Cloud Tec | 47.04  | 3  | 8      |
| 3 Fronning, Sabrina    | 8 Fergus Falls  | 47.84  | 3  | 6      |
| 4 Rapp, Rebecca        | 12 Rocori       | 48.70  | 3  | 5      |
| 5 Gray, Sydney         | 9 Alexandria    | 48.74  | 2  | 4      |
| 6 Mottinger, Haley     | 12 Willmar      | 49.02  | 3  | 3      |
| 7 Jobe, Katie          | 11 Brainerd     | 50.18  | 3  | 2      |
| 8 Terfehr, Talyor      | 10 St.Cloud Tec | 50.23  | 3  | 1      |
| 9 Woltjer, Laura       | 10 Willmar      | 50.48  | 3  |        |
| 10 Hasbrouck, Anna     | 11 Sauk Rapids- | 50.79  | 2  |        |
| 11 Houston, Gretchen   | 11 Rocori       | 51.05  | 2  |        |
| 12 Wolf, Kaitlyn       | 11 Rocori       | 51.41  | 3  |        |
| 13 Slagle, Maggie      | 11 Alexandria   | 51.49  | 2  |        |
| 14 Zaske, Mikayla      | 9 Sauk Rapids-  | 51.80  | 2  |        |
| 15 Grasswick, Hope     | 8 Sartell-St S  | 51.84  | 1  |        |
| 16 Simon, Georgina     | 11 St.Cloud Tec | 52.45  | 1  |        |
| 17 Scott, Brianna      | 12 St Cloud Apo | 52.62  | 2  |        |
| 18 Watland, Brooke     | 11 Brainerd     | 52.80  | 2  |        |
| 19 McElfresh, Regan    | 10 Brainerd     | 52.98  | 2  |        |
| 20 Christianson, Laura | 10 Willmar      | 53.48  | 2  |        |
| 21 Grabow, Paige       | 10 Sartell-St S | 53.51  | 1  |        |
| 22 Veitch, Abby        | 10 Sartell-St S | 54.31  | 1  |        |
| 23 Preusser, Nicole    | 9 St Cloud Apo  | 54.58  | 1  |        |

|                        |                 |       |   |
|------------------------|-----------------|-------|---|
| 24 Strand, Brooke      | 10 Sauk Rapids- | 54.68 | 1 |
| 25 Grise, Ashley       | 11 St Cloud Apo | 54.71 | 1 |
| -- Dew-Tomhave, Noelle | 10 Fergus Falls | DNF   | 1 |

Event 17 Girls 800 Meter Run

| Name                | Year School     | Finals  | H# | Points |
|---------------------|-----------------|---------|----|--------|
| 1 Schmitz, Sophie   | 11 Willmar      | 2:18.17 | 2  | 10     |
| 2 Woods, Jayda      | 10 Rocori       | 2:19.23 | 2  | 8      |
| 3 Magnusson, Annie  | 12 Fergus Falls | 2:20.37 | 2  | 6      |
| 4 Miller, Bethany   | 8 Alexandria    | 2:23.34 | 2  | 5      |
| 5 Miller, Meritt    | 11 Brainerd     | 2:24.92 | 2  | 4      |
| 6 Hanson, Jessa     | 11 Willmar      | 2:26.24 | 2  | 3      |
| 7 Monson, Serena    | 9 Willmar       | 2:26.85 | 2  | 2      |
| 8 Kremer, Carly     | 8 Rocori        | 2:27.22 | 2  | 1      |
| 9 Melrose, Morgan   | 12 Alexandria   | 2:27.65 |    | 2      |
| 10 Crochet, Ali     | 11 Brainerd     | 2:28.87 |    | 2      |
| 11 Griffin, Delaney | 8 Rocori        | 2:30.94 |    | 1      |
| 12 Larson, Kylie    | 10 Alexandria   | 2:31.67 |    | 2      |
| 13 Severson, Julia  | 9 Sauk Rapids-  | 2:32.24 |    | 1      |
| 14 Hennes, Gabby    | 10 St.Cloud Tec | 2:33.94 |    | 1      |
| 15 Thorson, Jocelyn | 11 Sauk Rapids- | 2:35.02 |    | 1      |
| 16 Selisker, Molly  | 10 Brainerd     | 2:35.61 |    | 1      |
| 17 Strobel, Alexis  | 11 St.Cloud Tec | 2:35.99 |    | 1      |
| 18 Larsen, Kayla    | 11 Sartell-St S | 2:36.39 |    | 1      |
| 19 Jungblut, Nadine | 11 St.Cloud Tec | 2:38.05 |    | 2      |
| 20 Reckmo, Jazmin   | 12 Fergus Falls | 2:40.86 |    | 1      |
| 21 Anderson, Lydia  | 8 Sartell-St S  | 2:43.40 |    | 1      |
| 22 Weekes, Kia      | 11 St Cloud Apo | 2:44.02 |    | 1      |
| 23 Mader, Emma      | 10 Sauk Rapids- | 2:45.24 |    | 1      |
| 24 Skogen, Berit    | 9 Fergus Falls  | 2:45.63 |    | 1      |
| 25 Bienusa, Karissa | 12 Sartell-St S | 2:46.49 |    | 1      |
| 26 Egbers, Kaylee   | 12 St Cloud Apo | 2:46.59 |    | 1      |

Event 19 Girls 200 Meter Dash

| Name                   | Year School     | Finals | H# | Points |
|------------------------|-----------------|--------|----|--------|
| 1 Sauer, Brynn         | 10 Rocori       | 26.05  | 3  | 10     |
| 2 Olson-Rodel, Kelby   | 11 Alexandria   | 26.08  | 3  | 8      |
| 3 Lipp, Jodi           | 10 St.Cloud Tec | 26.42  | 3  | 6      |
| 4 Quitmeyer, Hannah    | 9 Alexandria    | 26.57  | 3  | 5      |
| 5 Wegner, Sara         | 12 Alexandria   | 26.90  | 3  | 4      |
| 6 Kessler-Gross, Kirah | 8 Willmar       | 27.03  | 3  | 3      |
| 7 White, Kim           | 7 Willmar       | 27.04  | 2  | 2      |
| 8 Schramm, Erica       | 9 Willmar       | 27.07  | 3  | 1      |
| 9 Holthaus, Morgan     | 11 Rocori       | 27.12  |    | 3      |
| 10 Hiltner, Karli      | 10 St Cloud Apo | 27.37  |    | 2      |
| 11 Evavold, Rachel     | 12 St.Cloud Tec | 27.41  |    | 2      |
| 12 Jude, Taylor        | 11 Rocori       | 27.71  |    | 2      |
| 13 Kubasch, Lexy       | 11 Sartell-St S | 27.84  |    | 3      |
| 14 Smith, Ally         | 11 Brainerd     | 27.86  |    | 2      |
| 15 Kappes, Jaelyn      | 11 Brainerd     | 27.88  |    | 2      |
| 16 Smith, Gabrielle    | 8 Brainerd      | 28.12  |    | 2      |
| 17 Conarro, Matraca    | 11 Sauk Rapids- | 28.26  |    | 2      |
| 18 Zorn, Bernerdett    | 12 St Cloud Apo | 28.37  |    | 1      |
| 19 Soltis, Mikaela     | 12 St Cloud Apo | 28.67  |    | 1      |
| 20 Kosloski, Courtney  | 9 Sartell-St S  | 29.21  |    | 1      |
| 21 McKeever, Jadyynn   | 9 Fergus Falls  | 29.36  |    | 1      |
| 22 Rengel, Carolyn     | 10 Sartell-St S | 29.39  |    | 1      |
| 23 Lorentz, Brooke     | 12 Sauk Rapids- | 30.69  |    | 1      |

|                     |                 |       |   |
|---------------------|-----------------|-------|---|
| 24 Krepp, Olivia    | 10 Sauk Rapids- | 30.77 | 1 |
| 25 Grewe, Brooke    | 10 Fergus Falls | 31.12 | 1 |
| 26 Fransen, Natalie | 7 Fergus Falls  | 31.35 | 1 |

Event 21 Girls 3200 Meter Run

| Name                    | Year School     | Finals   | Points |
|-------------------------|-----------------|----------|--------|
| 1 Hasz, Megan           | 12 Alexandria   | 10:50.87 | 10     |
| 2 Hasz, Bethany         | 12 Alexandria   | 10:52.34 | 8      |
| 3 Rudie, Kayla          | 11 Willmar      | 11:30.88 | 6      |
| 4 Schmitz, Heidi        | 9 Willmar       | 11:39.82 | 5      |
| 5 Buiceag-Arama, Ingrid | 7 Sartell-St S  | 11:42.73 | 4      |
| 6 Hansen, Leah          | 9 Willmar       | 11:50.54 | 3      |
| 7 Lindhorst, Vera       | 12 St.Cloud Tec | 11:56.27 | 2      |
| 8 Jemming, Colette      | 9 Sartell-St S  | 11:57.98 | 1      |
| 9 Steinke, Lauren       | 10 St.Cloud Tec | 11:58.61 |        |
| 10 Sunstrom, Paige      | 11 Sauk Rapids- | 12:13.45 |        |
| 11 Karls, Julia         | 9 St Cloud Apo  | 12:36.95 |        |
| 12 Martins, Kayleen     | 10 Sauk Rapids- | 12:41.80 |        |
| 13 Lindell, Anna        | 12 Sartell-St S | 12:44.45 |        |
| 14 Shulstad, Megan      | 11 Alexandria   | 12:59.15 |        |
| 15 Gans, Abigail        | 9 St.Cloud Tec  | 13:08.98 |        |
| 16 Hatlewick, Sierra    | 7 Fergus Falls  | 13:54.95 |        |
| 17 Hennagir, Hollie     | 12 St Cloud Apo | 15:05.02 |        |

Event 23 Girls 4x400 Meter Relay

| School                   | Finals                   | Points |
|--------------------------|--------------------------|--------|
| 1 Rocori 'A'             | 4:00.22                  | 10     |
| 1) Woods, Jayda 10       | 2) Wolf, Kaitlyn 11      |        |
| 3) Woods, Raquel 9       | 4) Sauer, Brynn 10       |        |
| 2 Fergus Falls 'A'       | 4:11.64                  | 8      |
| 1) Fronning, Sabrina 8   | 2) Reard, Emilie 12      |        |
| 3) Ratz, Emily 11        | 4) Magnusson, Annie 12   |        |
| 3 Alexandria 'A'         | 4:13.54                  | 6      |
| 1) Paschka, Kaye 9       | 2) Miller, JeAnna 11     |        |
| 3) Slagle, Maggie 11     | 4) Rodel, Addison 9      |        |
| 4 St.Cloud Tech 'A'      | 4:17.81                  | 5      |
| 1) Linn, Amber 10        | 2) Terfehr, Talyor 10    |        |
| 3) Thompson, Kalley 12   | 4) Evavold, Rachel 12    |        |
| 5 Willmar 'A'            | 4:21.40                  | 4      |
| 1) Tollefson, Bronwyn 10 | 2) Hanson, Jessa 11      |        |
| 3) Engle, Lydia 8        | 4) Hanson, Courtney 12   |        |
| 6 Sauk Rapids-Rice 'A'   | 4:22.19                  | 3      |
| 1) Thorson, Jocelyn 11   | 2) Fernholz, Tessa 9     |        |
| 3) Roscoe, Bailey 9      | 4) Petron, Kristen 12    |        |
| 7 Brainerd 'A'           | 4:26.66                  | 2      |
| 1) Kappes, Jaelyn 11     | 2) Sunderland, Hannah 9  |        |
| 3) Crochet, Ali 11       | 4) Sunderland, Jazmin 11 |        |
| 8 Sartell-St Stephen 'A' | 4:28.27                  | 1      |
| 1) Rohlfs, Morgan 12     | 2) Bakken, Clara 11      |        |
| 3) Mareck, Jordan 9      | 4) Gugger, Morgan 11     |        |
| 9 St Cloud Apollo 'A'    | 4:42.98                  |        |
| 1) Scott, Brianna 12     | 2) Grise, Ashley 11      |        |
| 3) Schneider, Cassidy 12 | 4) Gerdes, Samantha 11   |        |

Event 25 Girls High Jump

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

|                        |                 |          |    |
|------------------------|-----------------|----------|----|
| 1 Miller, JeAnna       | 11 Alexandria   | J5-01.00 | 10 |
| 2 Gugger, Morgan       | 11 Sartell-St S | J5-00.00 | 8  |
| 3 Kubasch, Lexy        | 11 Sartell-St S | J5-00.00 | 6  |
| 4 Okeson, Jessa        | 8 Rocori        | J5-00.00 | 5  |
| 5 Roscoe, Bailey       | 9 Sauk Rapids-  | J4-10.00 | 4  |
| 6 Butke, Lindsey       | 12 Fergus Falls | J4-10.00 | 3  |
| 7 Scott, Brianna       | 12 St Cloud Apo | J4-10.00 | 1  |
| 7 Headlee, Maggie      | 8 Rocori        | J4-10.00 | 1  |
| 7 Kaliher, Olivia      | 8 Fergus Falls  | J4-10.00 | 1  |
| 10 Weber, Jessica      | 10 Sauk Rapids- | 4-08.00  |    |
| 11 Haider, Rachel      | 12 Sartell-St S | 4-06.00  |    |
| 11 Smith, Emma         | 8 Brainerd      | 4-06.00  |    |
| 11 Hanson, Courtney    | 12 Willmar      | 4-06.00  |    |
| 11 Huntington, Aailyah | 9 St.Cloud Tec  | 4-06.00  |    |
| 11 Partington, Taylor  | 10 Alexandria   | 4-06.00  |    |
| 16 Timpane, Jessica    | 9 St Cloud Apo  | J4-06.00 |    |
| 16 Simon, Georgina     | 11 St.Cloud Tec | J4-06.00 |    |
| 18 Doran, Abby         | 9 Brainerd      | J4-06.00 |    |
| 19 Gay, Madisson       | 11 Alexandria   | 4-04.00  |    |
| 19 Teisinger, Abby     | 8 Willmar       | 4-04.00  |    |
| -- Grise, Ashley       | 11 St Cloud Apo | NH       |    |
| -- Skinner, Tarin      | 10 Brainerd     | NH       |    |
| -- Skogen, Berit       | 9 Fergus Falls  | NH       |    |
| -- Preusser, Katherine | 9 St.Cloud Tec  | NH       |    |

Event 27 Girls Pole Vault

| Name                    | Year School     | Finals   | Points |
|-------------------------|-----------------|----------|--------|
| 1 Harmer, Cami          | 10 Brainerd     | 9-06.00  | 10     |
| 2 Haider, Rachel        | 12 Sartell-St S | J9-00.00 | 8      |
| 3 Mottinger, Haley      | 12 Willmar      | J9-00.00 | 6      |
| 4 Rusk, Kennedy         | 11 Brainerd     | J8-00.00 | 3.50   |
| 4 Motter, Olivia        | 8 Rocori        | J8-00.00 | 3.50   |
| 4 Keefauver, Carson     | 12 Rocori       | J8-00.00 | 3.50   |
| 4 Rohr, Sarah           | 10 Alexandria   | J8-00.00 | 3.50   |
| 8 Hall, Shelby          | 11 Sartell-St S | J8-00.00 | 1.50   |
| 8 Ringquist, Ally       | 12 Fergus Falls | J8-00.00 | 1.50   |
| 12 Matchinsky, Mereidth | 9 St.Cloud Tec  | J8-00.00 |        |
| 12 Bertram, Amy         | 10 Rocori       | J8-00.00 |        |
| 12 Teisinger, Abby      | 8 Willmar       | J8-00.00 |        |
| 12 Forester, Abigail    | 10 Alexandria   | J8-00.00 |        |
| 12 Roste, Jacy          | 9 Alexandria    | J8-00.00 |        |
| 15 Haeny, Kjerstin      | 9 Sauk Rapids-  | 7-00.00  |        |
| 15 Wallace, Jamie       | 10 Brainerd     | 7-00.00  |        |
| 15 Veitch, Abby         | 10 Sartell-St S | 7-00.00  |        |
| 15 McKeever, Jadyynn    | 9 Fergus Falls  | 7-00.00  |        |
| -- Woltjer, Laura       | 10 Willmar      | NH       |        |
| -- Sheridan, Hallie     | 9 Fergus Falls  | NH       |        |
| -- Thompson, Victoria   | 11 Sauk Rapids- | NH       |        |

Event 29 Girls Long Jump

| Name                 | Year School     | Finals   | Points |
|----------------------|-----------------|----------|--------|
| 1 Lipp, Jodi         | 10 St.Cloud Tec | 18-00.75 | 10     |
| 2 Kubasch, Lexy      | 11 Sartell-St S | 16-09.00 | 8      |
| 3 Olson-Rodel, Kelby | 11 Alexandria   | 16-06.00 | 6      |
| 4 Nies, Chelsea      | 12 Sartell-St S | 16-05.75 | 5      |
| 5 Miller, JeAnna     | 11 Alexandria   | 16-05.50 | 4      |
| 6 Scapanski, Anna    | 11 Sauk Rapids- | 16-02.25 | 3      |
| 7 Williams, Syri     | 11 Alexandria   | 16-00.25 | 2      |

|                         |                 |          |   |
|-------------------------|-----------------|----------|---|
| 8 Hennen, Morgan        | 12 Rocori       | 15-09.50 | 1 |
| 9 Sunderland, Jazmin    | 11 Brainerd     | 15-07.00 |   |
| 10 Kessler-Gross, Kirah | 8 Willmar       | 14-10.00 |   |
| 10 Houston, Gretchen    | 11 Rocori       | 14-10.00 |   |
| 12 Daniels, Emma        | 11 Fergus Falls | 14-08.50 |   |
| 13 Ringquist, Ally      | 12 Fergus Falls | 14-08.00 |   |
| 14 Hackenmueller, Anne  | 10 St Cloud Apo | 14-06.75 |   |
| 15 Acheson, Grace       | 7 Rocori        | 14-05.75 |   |
| 16 Tschida, Taylor      | 10 St Cloud Apo | 14-05.00 |   |
| 17 Preusser, Nicole     | 9 St Cloud Apo  | 14-03.00 |   |
| 18 McElfresh, Regan     | 10 Brainerd     | 14-00.00 |   |
| 19 Zaske, Mikayla       | 9 Sauk Rapids-  | 13-11.75 |   |
| 20 Rohlf, Morgan        | 12 Sartell-St S | 13-11.50 |   |
| 21 Lorentz, Brooke      | 12 Sauk Rapids- | 13-11.00 |   |
| 22 Hall, Kimberly       | 10 Brainerd     | 13-09.50 |   |
| 23 Tollefson, Bronwyn   | 10 Willmar      | 13-08.00 |   |
| 24 Bengston, Taylor     | 11 Willmar      | 13-05.50 |   |
| 25 Huntington, Aailyah  | 9 St.Cloud Tec  | 13-02.50 |   |
| 26 Buttke, Lindsey      | 12 Fergus Falls | 12-08.50 |   |
| -- Rein, Carlie         | 10 St.Cloud Tec | FOUL     |   |

### Event 31 Girls Triple Jump

| Name                   | Year School     | Finals   | Points |
|------------------------|-----------------|----------|--------|
| 1 Lipp, Jodi           | 10 St.Cloud Tec | 36-04.75 | 10     |
| 2 Gray, Sydney         | 9 Alexandria    | 35-04.50 | 8      |
| 3 Smith, Emma          | 8 Brainerd      | 35-01.75 | 6      |
| 4 Tollefson, Bronwyn   | 10 Willmar      | 34-00.25 | 5      |
| 5 Kappes, Jaelyn       | 11 Brainerd     | 33-04.50 | 4      |
| 6 Miller, JeAnna       | 11 Alexandria   | 33-03.25 | 3      |
| 7 Paschka, Kaye        | 9 Alexandria    | 32-11.75 | 2      |
| 8 Evavold, Rachel      | 12 St.Cloud Tec | 32-07.50 | 1      |
| 9 Spaeth, Leah         | 12 Rocori       | 32-06.25 |        |
| 10 Nies, Chelsea       | 12 Sartell-St S | 32-02.75 |        |
| 11 Smith, Gabrielle    | 8 Brainerd      | 32-00.25 |        |
| 12 Petron, Kristen     | 12 Sauk Rapids- | 31-07.50 |        |
| 13 Zaske, Mikayla      | 9 Sauk Rapids-  | 31-05.00 |        |
| 13 Hackenmueller, Anne | 10 St Cloud Apo | 31-05.00 |        |
| 15 Gugger, Morgan      | 11 Sartell-St S | 31-01.25 |        |
| 16 Bengston, Taylor    | 11 Willmar      | 30-09.00 |        |
| 17 Halvorson, Kylie    | 9 Willmar       | 30-07.75 |        |
| 18 Thompson, Kalley    | 12 St.Cloud Tec | 30-06.50 |        |
| 19 Daniels, Emma       | 11 Fergus Falls | 30-04.00 |        |
| 20 Karls, Maddie       | 11 Rocori       | 30-00.50 |        |
| 21 Sheridan, Hallie    | 9 Fergus Falls  | 29-09.00 |        |
| 22 Pearson, Lily       | 9 Fergus Falls  | 28-05.50 |        |
| 23 Koopman, Allison    | 10 Sartell-St S | 27-05.75 |        |

### Event 33 Girls Discus Throw

| Name                     | Year School     | Finals | Points |
|--------------------------|-----------------|--------|--------|
| 1 Balster, Sophie        | 12 Brainerd     | 125-05 | 10     |
| 2 Hovland, Cayle         | 10 Willmar      | 122-00 | 8      |
| 3 Merk, Nora             | 12 Alexandria   | 119-05 | 6      |
| 4 Duwenhoegger, McKenzie | 9 Alexandria    | 114-01 | 5      |
| 5 Groothuis, Malena      | 12 Willmar      | 108-05 | 4      |
| 6 Mangel, Morgan         | 11 St.Cloud Tec | 104-09 | 3      |
| 7 Dahlquist, Laura       | 12 Alexandria   | 102-00 | 2      |
| 8 Kunz, Emily            | 10 Fergus Falls | 101-03 | 1      |
| 9 Topinka, Tanisha       | 12 Rocori       | 96-11  |        |

|                       |                 |       |
|-----------------------|-----------------|-------|
| 10 Nelson, Amanda     | 11 Fergus Falls | 92-01 |
| 11 Haugen, Anne       | 12 Willmar      | 88-10 |
| 12 Cook, Amanda       | 9 Brainerd      | 88-01 |
| 13 Holm, Whitney      | 11 St.Cloud Tec | 86-05 |
| 14 Bicknell, Amanda   | 11 Rocori       | 85-11 |
| 15 Stolt, Angie       | 10 St Cloud Apo | 85-02 |
| 15 Miller, Reilly     | 12 Brainerd     | 85-02 |
| 17 Folkerts, Paige    | 12 Sauk Rapids- | 83-07 |
| 18 Thompson, Victoria | 11 Sauk Rapids- | 82-11 |
| 19 Norgard, Anna      | 11 Fergus Falls | 82-09 |
| 19 Macho, Samantha    | 9 St Cloud Apo  | 82-09 |
| 21 Heinen, Kennedy    | 10 Rocori       | 81-10 |
| 22 O'Brien, Ally      | 8 Sauk Rapids-  | 80-11 |
| 23 Olson, Parker      | 12 Sartell-St S | 74-02 |
| 24 Boehmke, Kayla     | 10 Sartell-St S | 70-07 |
| 25 Kaczor, Rachel     | 8 St.Cloud Tec  | 69-09 |
| 26 Jensen, Taylor     | 10 Sartell-St S | 69-04 |
| 27 Heinen, Amelia     | 9 St Cloud Apo  | 55-00 |

Event 35 Girls Shot Put

| Name                     | Year School     | Finals   | Points |
|--------------------------|-----------------|----------|--------|
| 1 Hovland, Cayle         | 10 Willmar      | 38-05.50 | 10     |
| 2 Merk, Nora             | 12 Alexandria   | 37-06.50 | 8      |
| 3 Duwenhoegger, McKenzie | 9 Alexandria    | 36-09.00 | 6      |
| 4 Balster, Sophie        | 12 Brainerd     | 36-01.00 | 5      |
| 5 Gill, Hailey           | 9 Alexandria    | 34-01.00 | 4      |
| 6 Norgard, Anna          | 11 Fergus Falls | 33-08.50 | 3      |
| 7 Stolt, Angie           | 10 St Cloud Apo | 33-07.00 | 2      |
| 8 Boehmke, Kayla         | 10 Sartell-St S | 32-02.50 | 1      |
| 9 Nelson, Amanda         | 11 Fergus Falls | 31-11.50 |        |
| 10 Wulfkuhle, Rachel     | 9 Fergus Falls  | 31-08.00 |        |
| 11 Miller, Reilly        | 12 Brainerd     | 31-05.00 |        |
| 12 Walsh, Abby           | 10 Sauk Rapids- | 29-04.75 |        |
| 13 Holm, Whitney         | 11 St.Cloud Tec | 29-00.00 |        |
| 14 Wiskow, Olivia        | 9 Brainerd      | 28-10.00 |        |
| 15 Haugen, Anne          | 12 Willmar      | 28-08.75 |        |
| 16 Thompson, Victoria    | 11 Sauk Rapids- | 28-08.00 |        |
| 17 Olson, Parker         | 12 Sartell-St S | 28-07.50 |        |
| 18 Thorpe, Breille       | 10 Willmar      | 28-04.75 |        |
| 19 Mangel, Morgan        | 11 St.Cloud Tec | 28-00.50 |        |
| 20 Topinka, Tanisha      | 12 Rocori       | 27-05.00 |        |
| 21 Jensen, Taylor        | 10 Sartell-St S | 27-04.00 |        |
| 22 Bicknell, Amanda      | 11 Rocori       | 27-03.00 |        |
| 23 Heinen, Kennedy       | 10 Rocori       | 25-10.25 |        |
| 24 Kaczor, Rachel        | 8 St.Cloud Tec  | 25-01.00 |        |
| 25 Macho, Samantha       | 9 St Cloud Apo  | 24-07.00 |        |
| 26 Butkowski, Brooke     | 12 Sauk Rapids- | 24-00.50 |        |
| -- Heinen, Amelia        | 9 St Cloud Apo  | FOUL     |        |